

## **C – 3 WORKING IN CONFINED SPACES** **SAFE WORKING PRACTICE**

Participants attending this programme will be assessed on a theory and practical basis and nationally approved certification will be awarded. The certification lasts for 3 years but refresher training may be required within the 3 year period depending on the frequency of confined spaces working or if there have been changes in work methods, safety procedures or equipment. – Section 6.2.1., 6.2.7.7.2 and 7.5 of The Confined Spaces code of practice S.I No. 218 of 2001.

Attendance of this in-depth course will provide each delegate with:

- Definition of confined spaces
- Confined spaces hazards
- Confined spaces equipment
- Practical use of equipment
- Safe systems of working
- Permits to work
- Hygiene
- Hazardous atmospheres
- Case study
- Breathing Apparatus
- Practical use of equipment and apparatus
- First Aid
- Emergencies
- Short term breathing apparatus
- Advanced practicals – simulation facility
- Practical self rescue – simulation facility
- Written assessment – classroom
- Practical assessment – simulation facility

**Duration:** This course is for duration of four days.

**No. of Delegates:** 10 maximum per course

**Certifications:** On successful completion of this course, a FÁS FETAC Certificate will be issued to each delegate, which is valid for 3 years.