

OCCUPATIONAL FIRST AID

This course will enable employers to meet their legal obligations under the Health and Safety (First Aid) Regulations.

It will cover a wide variety of topics from resuscitation to broken bones, giving delegates the ability and knowledge to deal with all types of injuries and illnesses.

Course Content

- Statutory Requirements
- First Aid at Work Regulations
- First Aid in Action - Incident Management
- Casualty Management -
 - Threatening Conditions
 - Initial Assessment
 - Managing Casualties
 - Managing Unconscious Casualties
 - Resuscitation and CPR
- Disorders of the Airways and Breathing
 - Disorders of Circulation
 - Disorders of the Brain
 - Poisons in the Workplace
 - Effects of Heat and Cold
 - Injuries to the Muscle and Skeleton
 - Handling and Moving a Casualty

Duration : 3 Days

No. of Delegates: 10 maximum per course

Certification: On successful completion of this course, Shorcontrol Safety will issue a Certificate to each delegate, which is valid for 3 years.