

SAFETY IN EXCAVATIONS

This course is designed for individuals who are required to work in excavations. It will give them training in the selection and use of proprietary trench support systems and equipment.

Delegates must attend Module 1, then any additional module days can be added for either 2,3,4, day courses, which must be carried out on-site. Then, the additional module days can be carried out at a later date providing module 1 has been attended and no longer than a year has lapsed.

Course Content

MODULE 1

- Course Introduction
- Safety Regulations and Requirements
- Factors Effecting Ground Conditions
- Methods of Trench Support
- Removal of Supports and Backfilling
- Summary of Safety Procedures

MODULE 2

- Practical exercise using hydraulic walers and steel sheets
- including removal and backfilling
- Oral assessment

MODULE 3

- Practical exercise using trench box and top sections
- including removal and backfilling
- Oral assessment

MODULE 4

- Practical exercise using manhole brace and steel sheets
- including removal and backfilling
- Oral assessment

Duration: 1 to 4 days

No. of Delegates: 8 maximum per course

Certification: On successful completion of this course, Shorcontrol Safety will issue a Certificate to each delegate, which is valid for 3 years.